

Walker Bay Days



5K Run/Walk

Saturday, August 8, 2009 - 9 a.m.

Walker, MN

- City On The Bay -

Sponsored by the Walker Lions

Registration: 7:30-8:30 a.m. Big Tent, Walker City Park

Awards: Trophy to 1st Male & 1st Female Overall

Ribbons to Top 3 Places in each 5 year age division

Entry: \$15 includes Short Sleeve 'T'

The Course: Fairly flat, easy hills, time given at 1 mile point

Aid: Stations @ 1/2 way & finish Showers: Refreshing Leech Lake, Walker City Park

Great Run, Great View, & Great Fun At Walker Bay Days

Name: _____ Age: _____ Male / Female

Address: _____ Email: _____

Age Group:	14 & Under	15 to 19	20 to 24	25 to 29	30 to 34	35 to 39	40 to 44
	(circle One)		45 to 49	50 to 54	55 to 59	60 to 64	65 & Over

I, _____, acknowledge that the WBD 5K Run/Walk race promoters & help are not responsible for injury or losses incurred prior to, during, or after this race. I am entering this race with full awareness of my responsibilities for my own safety & personal property. Signature: _____ Date: _____ Guardian: _____

Mail To: WBD's 5K Run, PO Box 338, Walker, MN 56484 ~ For Info: WalkerBayDays.com