



## 5K Run/Walk

Saturday, August 6<sup>th</sup>, 2016 - 9 am

Sponsored by the Walker Lions and Leech Lake Area Chamber of Commerce

Registration 7:30 -8:30 a.m. Walker City Park

Awards: Trophy to 1<sup>st</sup> Male and 1<sup>st</sup> Female Overall

Ribbons to Top 3 places in each 5-year division

Entry \$20 includes Short Sleeve "T" (\$15 for ages 14 and under)

The Course: Fairly flat, easy hills, time given at 1-mile point

Aid Stations: ½ Way and Finish Showers: Refreshing Leech Lake, Walker City Park

# Great Run, Great View, Great Fun at Walker Bay Days

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Male/Female Shirt size \_\_\_\_\_

Address: \_\_\_\_\_ Email \_\_\_\_\_

Age Group 14 & under 15-19 20-24 25-29 30-34 35-39 40-44  
(circle one) 45-49 50-54 55-59 60-64 65-69 70-79 80-plus

Mail to: WBD's 5K Run, PO Box 338, Walker, MN 56484 or drop off at Chamber Office  
for Info: Leech Lake Area Chamber 218-547-1313 or 1-800-833-1118

I, \_\_\_\_\_, acknowledge that the WBD 5K Run/Walker race promoters & help are not responsible for injury or safety or personal property. Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Guardian: \_\_\_\_\_